|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean number of servings of vegetables on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean number of servings | 95% CI | n | Mean number of servings | 95% CI | n |  | 95% CI |
| 18-29 | 525 | 1.8 | 1.5 - 2.1 | 948 | 1.9 | 1.7 - 2.1 | 1473 | 1.8 | 1.7 - 2.0 |
| 30-44 | 580 | 2.0 | 1.7 - 2.3 | 1023 | 1.9 | 1.7 - 2.2 | 1603 | 2.0 | 1.7 - 2.2 |
| 45-59 | 262 | 2.1 | 1.7 - 2.5 | 429 | 2.3 | 1.7 - 2.9 | 691 | 2.2 | 1.8 - 2.6 |
| 45-69 | 239 | 1.4 | 1.2 - 1.6 | 424 | 1.3 | 1.2 - 1.5 | 663 | 1.4 | 1.2 - 1.5 |
| 60-69 | 106 | 2.6 | 1.8 - 3.3 | 245 | 2.5 | 1.8 - 3.1 | 351 | 2.5 | 2.0 - 3.0 |
| **Total** | **1712** | **1.9** | **1.7 - 2.0** | **3069** | **1.9** | **1.8 - 2.1** | **4781** | **1.9** | **1.8 - 2.0** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 950 | 2.1 | 1.8 - 2.3 | 1730 | 2.1 | 1.9 - 2.4 | 2680 | 2.1 | 1.9 - 2.3 |
| Urban | 762 | 1.6 | 1.4 - 1.8 | 1339 | 1.6 | 1.5 - 1.7 | 2101 | 1.6 | 1.5 - 1.7 |